



Word from the Bird

MAY / JUNE 2024

together**for**better

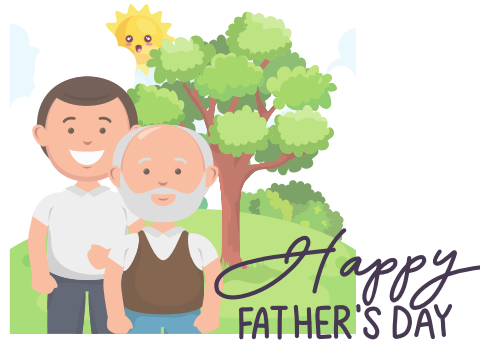
WEST FLAMINGO SENIOR CENTER
6255 W. Flamingo Rd Las Vegas, NV 89103 702-455-7742
www.clarkcountynv.gov/parks

SPRING IN BLOOM

Calendar of Entertainment and Events!



Spring is far more than just a changing of seasons; it's a rebirth of the spirit.



Hours of Operation : Monday - Friday 8:00 am-5:00 pm

Wednesday, April 17th: Registration date for May/June activities at 9:00 am.

Registration is held bimonthly at 9:00 am for the upcoming 2 months utilizing a lottery system. This registration process includes: Field Trips (limit 2 at this registration), Special Events, Workshops, Birthday Club, Breakfast Crew, Lunch Bunch, and Supper Club.

Next Word From the Bird will be out the week of June 10th.

Thursday, June 20th: Registration date for July/August activities at 9:00 am.



Bingo



\$3

- Registration required
- Friday, May 10th Sponsored by Essential Care 10:00 am - 11:30 am
- Friday, June 14th Sponsored by Inhome Services 10:00 am - 11:30 am

Birthday Club

- Registration required beginning April 17th
- Friday, May 17th celebrating birthdays April - June
- 11:00 am - 12:00 pm

Sign up for our quarterly celebration to recognize you and others with birthday cake and a word from our sponsor. Next Birthday Club date is Friday, August 16th, celebrating July - September birthdays.

Bunco



- Registration required
- Wednesday, May 22nd Sponsored by Medicare 10:00 am - 11:30 am
- Wednesday, June 26th Sponsored by Humana 10:00 am - 11:30 am

IMPORTANT PHONE #'S

EMERGENCY: 911

NON-EMERGENCY: 311



Senior Advocate: 702-455-7051

West Flamingo Pool: 702-455-4192

Corn Hole



- **No registration needed**

• Wednesday, May 29th

• Wednesday, June 12th

8:00 am – 12:00 pm *Outside

8:00 am – 12:00 pm

WAITLIST Information - If you find yourself on a waitlist for an activity, the first thing we recommend is to have our phone number (702-455-7742) saved in your phone. When we call you off the waitlist, you will have 24 hours to respond to us or we will continue down the list. We may also take the first person to answer the phone to fill a same day, or a next day trip.

Field Trips

- Registration Required
- You must arrive 15 minutes prior to departure time or you may lose your spot
- Bring only what's required and what you can carry
- Refunds are not available

Jazz In The Park

SATURDAY, MAY 11th

Free Event \$2 Van \$ Food

Immerse yourself in the enchanting atmosphere of the Government Center Ampitheater for jazz under the stars; Ruben Studdard/Candice Glover will sing a tribute to Luther Vandross and Aretha Franklin. Van leaves at 4:00 pm and returns ~ 10:00 pm

Breakfast Crew

TUESDAY, MAY 14th

\$2 Van

\$ Food

Sunshine & Tailwinds Café – Join us in this quaint restaurant located near the North Las Vegas airport where they specialize in home cooked, traditional American meals.

Van leaves at 9:00 am and returns ~ 11:30 am

Righteous Brothers – South Point

FRIDAY, MAY 17th

\$2 Van

\$49 cash due @ Registration

Witness Bill Medley and Bucky Heard singing some of their biggest hits, including You've Lost That Lovin' Feelin', Soul & Inspiration, Unchained Melody and many more! Bring money for food.

Van leaves at 4:45 pm and returns ~ 9:30 pm

ZION National Park

TUESDAY, MAY 21st

Free Event

\$ Food

\$ Cash (driver tip)

Experience the great outdoor adventure in Zion. Traveling by motor coach, participants will enjoy 5 hours in the park before returning to Las Vegas. Bus leaves at 8:00 am and returns ~ 8:00 pm.

Be mindful of the time change when adhering to bus departure time in Zion. [Return to the bus at 5:30 pm Utah time, 4:30 pm Vegas time.]

Corn Creek

THURSDAY, MAY 23rd

\$2 Van

Bring Sack Lunch

Explore this outdoor environment filled with trees, pasture, and spring-fed ponds. Bring your binoculars. Enjoy a Ranger walk, picnic lunch and hiking trails. Van leaves at 8:15 am and returns ~ 11:45 am

Jazz In The Park

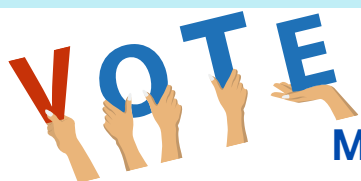
SATURDAY, MAY 25th

Free Event

\$2 Van

\$ Food

Once again, immerse yourself in the enchanting atmosphere of the Government Center Amphitheater for jazz under the stars with Jarrod Lawson. Van leaves at 4:00 pm and returns ~ 10:00 pm



Our location has been chosen as a voting site from May 25 - June 11 which may affect our activity schedule.

Field Trips (cont.)

- Registration Required
- You must arrive 15 minutes prior to departure time or you may lose your spot
- Bring only what's required and what you can carry
- Refunds are not available

Chair Volleyball – Cora Coleman TUESDAY, MAY 28th \$2 Van

Engage in this fun, physical activity and enjoy the camaraderie and light competition as we travel to Cora Coleman Senior Center. This game is played with a beach ball while seated in chairs on a small size volleyball court. The laughter is contagious and the giggles explode when team members get together. Van leaves at 12:40 pm and returns ~ 3:45 pm

Lunch Bunch – Steamie Weenie WEDNESDAY, MAY 29th \$2 Van \$ Food

Steamie Weenie – Nevada's award winning hot dog joint serving classic "old dogs" and creative "new tricks" featuring fries, tots and floats! Van leaves at 10:45 am and returns ~ 1:30 pm

Human Nature Motown – South Point TUESDAY, JUNE 18th \$2 Van \$45 cash due @ Registration

Back to the Sounds of Motown at South Point – Same classic songs, new Motown sound featuring a mix of classic Motown, pop, soul, and modern hits. Bring money for food. Van leaves at 4:00 pm and returns at ~ 8:45 pm

Sunset Station TUESDAY, JUNE 25th \$2 Van \$ Food, etc.

Enjoy a day of free time at the Sunset; movies, bowling, and more!
Van leaves at 10:00 am and returns ~ 3:30 pm

Special Events / Parties • Registration Required

Mad Hatters Tea Party 12:00 pm – 2:00 pm THURSDAY, MAY 16th \$6 due @ Registration

Come fall through the rabbit hole and into our magical tea party. Dress in your best Alice in Wonderland or Tea Party outfit including hats. Enjoy a live play, elaborate charcuterie board with tea sandwiches, and desserts.

Club Flamingo's Music in the Park 7:30 pm – 9:30 pm FRIDAY, MAY 24th Free Event \$ Food

Join us for Club Flamingo in the park for an evening of an unforgettable performance by the Marilyn B Band playing all the favorites from all genres. Music includes R&B, Oldies, Country, and much more. Concert is free with a dance floor, free popcorn & snow cones, and tacos will be available for purchase. Bring a chair or blanket.

Club Flamingo's 6:00 pm – 8:00 pm FRIDAY, JUNE 14th \$4 due @ Registration

Renaissance Open Mic Music ~ Poetry ~ Hip Hop ~ Jazz ~ Come gain experience performing to a live audience with your host Kelly Lee Williams from Renaissance Entertainment.



Next Word From the Bird will be out the week of June 10th.

Supper Club

- Registration Required
- Every 3rd Wednesday Meet & eat with fellow seniors
- 4-6 pm

McMullen's Irish Pub

WEDNESDAY, MAY 15th

4650 W. Tropicana, Las Vegas NV 89103

Krazy Buffet

WEDNESDAY, JUNE 19th

8095 W. Sahara Ave., Las Vegas NV 89117

Walking Club

- Registration Required
- Meets Friday's 10:00 am - 12:00 pm
- \$1 Van
- Walking Club Will Return in the FALL
- **CHECK OUT THE FIELD TRIP TO CORN CREEK MAY 23RD!**



Workshops

- Registration Required
- FREE

5 Wishes - Bagels & Chat

WEDNESDAY, MAY 8th

10:00 am - 11:30 am

There are many things in life that are out of our hands. Come learn five ways to control something very important - how you are treated personally, emotionally, spiritually and medically if you become seriously ill. Sponsored by Infinity Hospice.

Crime Prevention & Personal Safety

WEDNESDAY, MAY 15th

2:00 pm - 3:00 pm

Meet Tiffany Gasset, crime prevention specialist along with Commissioner Naft to learn methods effective in reducing crime.

Sound Healing

WEDNESDAY, MAY 29th

10:00 am - 11:00 am

Relax and enjoy a 45 minute sound healing experience using crystal bowls, bells and chimes which assists in bringing the mind and body to a place of peace and calmness. Wear comfortable clothes and bring a cushion, floor mat, or anything that will support you on the floor. Chairs will also be available.

Ikebana Art Flower Arranging

TUESDAY, JUNE 4th & TUESDAY, JUNE 18th

9:00 am - 10:30 am

Learn the Japanese art of flower arranging with Mary Marti. June 4th will be an informative class on the background, culture and examples of Ikebana. June 18th will be the actual flower arranging session. Bring your own supplies of fresh or silk flowers and a container, vase or plate. Other supplies will be provided.

Dear Volunteer,

West Flamingo staff would like to take this time to personally thank each of you for your generosity. Your gift of time and passion enlightens the lives of the community we serve.

Because of your kindness, we are able to offer a variety of activities and classes at a low rate in order to better serve our patrons. We appreciate your knowledge and your expertise that challenge and encourage our participants to keep moving and keep their minds active.

You play a vital part in their every day lives to add fulfillment and joy!

Sincerely,
The Flamingo Staff

Thank
YOU

